



How to Prepare for Each Weekly Session

1. Download all materials at: www.tegnos.org

2. Watch the weekly *Extra en Español* video



1. Watch once uninterrupted, just to absorb the context and cadence of the conversation
2. Watch again and read along with the Weekly Video Glossary. Pause as needed to review
3. Hint: Reduce the playback speed to 0.75 to better understand the conversation
4. Write down any questions you have for the facilitators

3. Review Exercise 1 in the Weekly Group Session Guide

1. Use the flash card link to pronounce and remember the words and phrases
2. Try using the words and phrases in sentences
3. Compose a brief story to share in class. You can bring a copy to class for reference

4. Watch the additional videos



1. Pause as needed to review and make notes
2. Write down any questions you have for the facilitators

5. Review Exercise 2 in the Weekly Group Session Guide

1. Use the flash card link to pronounce and remember the words and phrases
2. Try using the words and phrases in sentences
3. Practice the conversations with a friend if possible

¡Buena Suerte!

¡Que se divierta!